Online detection of potential duplicate medications and changes of physician behavior for outpatients visiting multiple hospitals using national health insurance smart cards in Taiwan

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\textbf{A B S T R A C T}

Objectives: Doctor shopping (or hospital shopping), which means changing doctors (or hospitals) without professional referral for the same or similar illness conditions, is common in Hong Kong, Taiwan and Japan. Due to the lack of infrastructure for sharing health information and medication history among hospitals, doctor-shopping patients are more likely to receive duplicate medications and suffer adverse drug reactions. The Bureau of National Health Insurance (BNHI) adopted smart cards (or NHI-IC cards) as health cards in Taiwan. With their NHI-IC cards, patients can freely access different medical institutions. Because an NHI-IC card carries information about a patient’s prescribed medications received from different hospitals nationwide, we used this system to address the problem of duplicate medications for outpatients visiting multiple hospitals.

Methods: A computerized physician order entry (CPOE) system was enhanced with the capability of accessing NHI-IC cards and providing alerts to physicians when the system detects potential duplicate medications at the time of prescribing. Physician responses to the alerts were also collected to analyze changes in physicians’ behavior. Chi-square tests and two-sided z-tests with Bonferroni adjustments for multiple comparisons were used to assess statistical significance of differences in actions taken by physicians over the three months.

Results: The enhanced CPOE system for outpatient services was implemented and installed at the Pediatric and Urology Departments of Taipei Medical University Wan-Fang Hospital in March 2007. The “Change Log” that recorded physician behavior was activated during a 3-month study period from April to June 2007. In 67.93% of patient visits, the physicians read patient NHI-IC cards, and in 16.76% of the reads, the NHI-IC card contained at least one prescribed medication that was taken by the patient. Among the prescriptions issued...
by physicians, on average, there were 2.36% prescriptions containing at least one medication that might be duplicative to the prior prescriptions stored in NHI-IC cards. The rate of potential duplicate medication alerts for the Pediatric Department was higher than that for the Urology Department (2.78% versus 1.67%). However, the rate of revisions to prescriptions was higher in the Urology Department than the Pediatric Department. Overall, the rate of physicians reviewing and revising their prescriptions was 29.25%; the rate of physicians reviewing without revising their prescriptions was 43.62%; the rate of physicians turning off the alert screens right after the screens popped up ( overridden) was 27.13%. Thus, physicians accepted alerts to review their prescriptions with patients in most situations (72.87%). Moreover, over the study period, the rate of total revisions made to prescriptions increased and the “ overridden” rate decreased. Our approach enhances the capability of CPOE systems using NHI-IC cards as a nationwide infrastructure to provide more complete patient health information and medication history sharing among hospitals in Taiwan. Thus, our system can provide a better prescribing tool to help physicians detect potential duplicate medications for frequent doctor-shopping patients and hence enhance patient safety across hospital boundaries. However, the effectiveness of detecting duplicate medications with our approach is very much dependent on the completeness of NHI-IC cards, which in turn primarily depends on physician use of the cards when prescribing.

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1. Introduction

Doctor shopping (or hospital shopping), which means changing doctors (or hospitals) without professional referral for the same or similar illness conditions, is common in East Asian countries. The prevalence of doctor shopping was nearly 40% among patients attending government outpatient departments in Hong Kong [1], 23% among primary care patients in Japan [2–4], and 23.5% among outpatients in Taiwan [5–7]. Evidence shows that patients who receive medical care from multiple health care providers, particularly from different hospitals, are more likely to receive duplicate medications and suffer adverse drug reactions [8–11].

In Japan, a study on outpatients of a corporate health insurance society who received prescriptions from multiple medical institutes found that 8.8% of patients were prescribed duplicative medications, and the cost of the duplicated drugs was approximately 0.5–0.7% of the total drug cost in Japan [4]. In Taiwan, the incidences of duplicate medications across multiple hospitals or clinics were 6.15% for diabetic patients and 6.21% for hypertensive patients [12]. About 2% of total medications are duplicated yearly in Taiwan [12,13]. Duplicate medications may result not only in health impairment but also in increased overall cost of medical expenditure.

There have been various approaches proposed to reduce potential duplicate medications, dosing problems and drug interactions. Some suggested that patients work together with their physicians or pharmacists to review their medications [14–17], while others suggested assisting physicians with prescriptions via computerized physician order entry (CPOE) systems or electronic prescription systems [18–23]. However, due to the lack of infrastructure for sharing health information and medication history across different hospitals [24,25], the proposed approaches were unlikely to be effective for doctor-shopping patients. In Taiwan, the Bureau of National Health Insurance (BNHI) has adopted smart cards (or NHI-IC cards) as health cards since November 1999 [26].

The infrastructure has been fully operational since the beginning of 2004 [26–28]. Currently, there are about 23 million NHI-IC cards in use. With their NHI-IC cards, patients can freely access more than 18,000 medical institutes, including about 700 acute care hospitals and 17,000 primary care clinics nationwide. Because patient NHI-IC cards carry information about his/her prescribed medications received from different hospitals nationwide, we have used this system and implemented online detection of potential duplicate medications for outpatients visiting multiple hospitals. More specifically, in this study, we enhanced the capability of the CPOE system so that it can access NHI-IC cards and provide alerts to physicians when it detects a potential duplicate medication at the time of prescribing.

2. The framework of an enhanced CPOE system

A CPOE system usually assists physicians with prescriptions, orders and results management. In our approach, the CPOE system (Fig. 1) consists of several client computers directly interacting with physicians and a system server for handling client requests and performing database transactions. Currently, most CPOE systems can support the functions of detecting potential duplicate medications and drug interactions at a specific hospital setting. To detect potential duplicate medications for outpatients visiting multiple hospitals, we connected an NHI-IC card reader to a client computer and enhanced semantic interoperability between the CPOE system and NHI-IC cards.

2.1. NHI-IC cards and card readers

An NHI-IC card consists of four segments to store patient medical information. These segments are basic data, health insurance data, public health administration data (PHAD) and
enhance the semantic interoperability is to adopt the Anatomical Therapeutic Chemical (ATC) classification system as a common model for cross-mapping between NHI codes and hospital codes.

The ATC classification system is recommended by the World Health Organization (WHO) for drug utilization studies. In the ATC classification system, drugs are classified in groups at five levels (from first to fifth levels) based on the organ or system on which they act and their chemical, pharmacological and therapeutic properties [29]. The first level consists of fourteen anatomical main groups that are coded with one alphabetical letter. The second and third levels are pharmacological/therapeutic subgroups coded with two digit numbers and one alphabetical letter, respectively. The fourth level is a chemical/pharmacological/therapeutic subgroup that is coded with one alphabetical, and the fifth level is the chemical substance subgroup that is coded with two digit numbers. Assignment of drugs to the same ATC code indicates that they are assigned to the same chemical/pharmacological/therapeutic subgroup.

Each NHI code can be assigned to a code in the ATC classification system [30]. The NHI-ATC mapping database (shown in Fig. 1) is used to map a NHI code to the corresponding ATC code [31]. The Local-NHI mapping database is used to map a hospital code to the corresponding NHI code. Through the Local-NHI and NHI-ATC databases, both hospital codes and NHI codes can be mapped to the corresponding ATC codes. Thus, the medications stored in NHI-IC cards can be integrated as a part of the patient’s medication history for a CPOE system to detect duplicate medications across hospital boundaries.

2.2. Enhancement of semantic interoperability between a CPOE system and NHI-IC cards

The prescribed medications stored in a NHI-IC card are recorded using NHI drug codes (or NHI codes for short). However, a CPOE system adopted by a hospital usually contains drug codes defined by the hospital itself (or hospital codes for short). The CPOE systems may not correctly interpret the prescribed drugs recorded in the NHI-IC cards. Our approach to enhance the semantic interoperability is to adopt the Anatomical Therapeutic Chemical (ATC) classification system as a common model for cross-mapping between NHI codes and hospital codes.

The workflow of outpatient service for detecting potential duplicate medications across hospital boundaries is shown in Fig. 2. When acquiring an outpatient service, a patient presents his/her NHI-IC card to the doctor. The doctor operates an enhanced CPOE system to read the prescribed medications from the patient’s NHI-IC card. If medications are currently taken by the patient, then they are read and stored into a temporary database called CTM DB. Recall that the medications are represented by NHI codes. After making diagnosis for the patient, the doctor may prescribe medications for the patient using the CPOE system. The medications to be prescribed (if any) are stored in a database called TBPM DB, and they are represented by the hospital codes. Thus, both medications in the CTM and TBPM databases are eventually mapped to their respective ATC codes through NHI-ATC mapping and Local-NHI mapping databases, respectively, before performing the checks for duplicate medications.

Based on the ATC system, potential duplicate medications can be defined as follows:

Two medications are said to be possibly duplicative if they are in the same therapeutic/pharmacological class (i.e., their ATC codes have the same first four digits).

The algorithm to detect potential duplicate medications can be developed as shown below:
For each medication $x \in \text{TBPM DB}$, do
For each medication $y \in \text{CTM DB}$, do
If $x$ and $y$ ATC codes are the same for the first four digits, then
marked $(x, y)$ as a potential duplicate medication pair.
End
End
If there are potential duplicate medication pairs, the CPOE system signals the doctor and opens a screen for each pair displaying the drug's brand name, the date it was ordered, the dose, and route of administration, as shown in Fig. 3. The doctor can then review the prescription with the patient and take an appropriate action from the following:

(1) ignored, the patient did not take the medication, or ignored (not taken) for short;
(2) ignored, due to the need of patients' conditions even though he/she is taking a potentially duplicative medication, or ignored but needed for short;
(3) accepted, go back to revise the prescription, or revised for short.

However, a doctor may directly turn off the screen by clicking the icon $\times$ at the rightmost upper corner of the screen. In this case, the action is recorded as “ignored without override reasons” or “overridden” for short. The actions taken by the doctor and the changes to the prescription are then recorded into a table called “Change Log”. Finally, all prescribed medications for this visit are written into the patient's NHI-IC card.

3. Evaluating the impact of the enhanced CPOE system on physician behavior

In order to evaluate whether the alerts provided by the enhanced CPOE system for potential duplicate medication across hospitals were helpful to doctors, we implemented the system with a Change Log to record the actions taken by doctors. Each time the system signaled a potential duplicate medication alert, the prescribing physician, the department...
Table 1 – The summary of log analysis from April to June 2007.

<table>
<thead>
<tr>
<th>Month</th>
<th>Dept.</th>
<th>Visits</th>
<th>Total Prescriptions</th>
<th>NHI-IC Card Reads (%)</th>
<th>Meds Currently Taken (%)</th>
<th>Duplicate Medication Alerts (%)a</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>Urology</td>
<td>2342</td>
<td>1903</td>
<td>1165 (49.74%)</td>
<td>416 (35.71%)</td>
<td>28 (1.47%)</td>
</tr>
<tr>
<td></td>
<td>Pediatric</td>
<td>3650</td>
<td>3328</td>
<td>2650 (72.60%)</td>
<td>125 (4.72%)</td>
<td>66 (1.98%)</td>
</tr>
<tr>
<td>April</td>
<td>Urology</td>
<td>2583</td>
<td>2133</td>
<td>1846 (71.47%)</td>
<td>613 (33.21%)</td>
<td>37 (1.73%)</td>
</tr>
<tr>
<td></td>
<td>Pediatric</td>
<td>4203</td>
<td>3773</td>
<td>2915 (69.36%)</td>
<td>193 (6.62%)</td>
<td>112 (2.97%)</td>
</tr>
<tr>
<td>May</td>
<td>Urology</td>
<td>2438</td>
<td>1908</td>
<td>1874 (76.87%)</td>
<td>606 (32.34%)</td>
<td>34 (1.78%)</td>
</tr>
<tr>
<td></td>
<td>Pediatric</td>
<td>3235</td>
<td>2861</td>
<td>2083 (64.39%)</td>
<td>148 (7.11%)</td>
<td>99 (3.46%)</td>
</tr>
<tr>
<td>June</td>
<td>Urology</td>
<td>7363</td>
<td>5944</td>
<td>4885 (66.35%)</td>
<td>1635 (33.47%)</td>
<td>99 (1.67%)</td>
</tr>
<tr>
<td></td>
<td>Pediatric</td>
<td>11,088</td>
<td>9962</td>
<td>7648 (68.98%)</td>
<td>466 (6.09%)</td>
<td>277 (2.78%)</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>18,451</td>
<td>15,906</td>
<td>12,533 (76.93%)</td>
<td>2101 (16.76%)</td>
<td>376 (2.36%)</td>
</tr>
</tbody>
</table>

* Alerts (%): number of prescriptions containing duplicate medications ÷ total number of prescriptions issued × 100.

to which the physician belongs, the taken action, the patient, the medication order and the date and time were saved to the Change Log. The system was installed at Taipei Medical University Wan-Fang Hospital, a teaching affiliate hospital with 750 beds, for outpatient services in March 2007. The hospital has been using CPOE systems for outpatient service since 1999.

We recruited the Pediatric and Urology Departments of the hospital for the pilot study based on the fact that the physicians of the two departments used NHI-IC cards more often and that the two departments had a higher possibility for duplicate medications than other departments. There were three and five physicians in Pediatric and Urology Departments at the time of the study, respectively. Among eight physicians, seven were male and one was female. Their average age was 47.88 (±10.3), and average experience in using CPOE systems was 9.13 (±2.3) years.

In the first month (March) after the system was operational, we assisted each physician with becoming familiar with the new system functions. After the first month, we activated the Change Log to record physician behavior over the next three months (April to June). If the alerts were helpful, the physicians would reexamine their prescriptions and take an appropriate action, instead of closing the popup screen right after it showed up. Thus, the null hypothesis was that the physicians’ behavior in choosing their actions in responding to alerts would remain unchanged over study period (April to June.)

We used Chi-square test and two-sided z-tests with Bonferroni adjustments for multiple comparisons to assess the statistical significance of differences in actions taken by physicians over the three months. Level of significance was considered when p value <0.05. The statistics software used in the analysis was SPSS™ 13.0 edition (SAS Inc., Chicago, IL). This pilot study was approved by the Institutional Review Board at Wan-Fang Hospital.

4. Evaluation results

The Change Log (from April to June) was analyzed and is summarized in Table 1. In total, there were 18,415 patient visits over the three months, consisting of 7363 and 11,088 visits to Pediatric and Urology Departments, respectively. The total number of prescriptions issued by the physicians was 15,906, consisting of 5944 and 9962 prescriptions issued by Pediatric and Urology Departments, respectively. In 67.93% (12,533) of the visits, the physicians read the patient NHI-IC cards, and in 16.76% (2101) of the reads, the NHI-IC card contained at least one prescribed medication that was currently being taken by the patient. Among the prescriptions issued by the physicians, there were 376 (2.36%) prescriptions containing at least one medication that might be duplicative to current prescriptions stored in NHI-IC cards. Thus, 376 alerts were signaled by the system for the physicians to review with their patients. The percentage of NHI-IC card reads made by the Urology Department (66.35%) was very close to that for the Pediatric Department (68.98%), but the rate of potential duplicate medication alerts for the Pediatric Department (2.78%) was much higher than that for the Urology Department (1.67%).

The percentage of alerts for the Pediatric Department was 1.98% in April, increasing to 2.97% in May and 3.98% in June. On average, 2.78% of the issued prescriptions potentially contained at least one medication currently being taken by patients. In contrast, the percentage of potential duplicate medications for the Urology Department was stable over the three months, comprising approximately 1.7% of total issued prescriptions.

The detailed analysis of the Change Log, which recorded the actions taken by physicians on popup alert screens, is shown in Table 2. There were 376 alerts in total. 102 (27.13%) of the popup screens were overridden (ignored without override...
Table 3 – Analysis of Change Logs (April 1–June 30, 1997) based on months.

<table>
<thead>
<tr>
<th>Action</th>
<th>April (%)</th>
<th>May (%)</th>
<th>June (%)</th>
<th>Total (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ignored (not taken)</td>
<td>0 (0.00%)</td>
<td>11 (2.93%)</td>
<td>26 (6.91%)</td>
<td>37 (9.84%)</td>
</tr>
<tr>
<td>Ignored but needed</td>
<td>6 (1.60%)</td>
<td>68 (18.08%)</td>
<td>53 (14.10%)</td>
<td>127 (33.78%)</td>
</tr>
<tr>
<td>Revised</td>
<td>16 (4.25%)</td>
<td>40 (10.64%)</td>
<td>54 (14.36%)</td>
<td>110 (29.25%)</td>
</tr>
<tr>
<td>Overridden</td>
<td>72 (19.15%)</td>
<td>30 (7.98%)</td>
<td>0 (0.00%)</td>
<td>102 (27.13%)</td>
</tr>
<tr>
<td>Total</td>
<td>94 (25.00%)</td>
<td>149 (39.63%)</td>
<td>133 (35.37%)</td>
<td>376 (100.0%)</td>
</tr>
</tbody>
</table>

We further performed Chi-Square test in Table 3 to see whether the difference in actions taken over the three months was significant. Table 4 shows that Pearson Chi-Square value is 185.964, and two-sided asymptotic significance (Asymp. Sig.) value is 0.000 (<0.05). Hence, we can reject the null hypothesis that the physicians’ behavior in choosing actions in responding to alerts would remain unchanged. Thus, we subsequently can conclude that the physicians did properly respond to the alerts and review their prescriptions because the overridden rate decreased, and the revised rate increased over the three months.

5. Discussion

Research has shown that patients who visit multiple health care providers or hospitals might increase not only their risk of polypharmacy (concurrent use of multiple medications) but also the overall cost of medical expenditure. There have been various approaches proposed to reduce potential adverse drug reactions, specifically for duplicate medications, dosing problems and drug interactions. Early studies proposed for physicians or pharmacists to provide medication reviews to their patients [14–17]. Although comprehensive medication reviews are effective, they are very labor-intensive and costly. Moreover, patients might forget to bring their prescriptions or fail to memorize all of their current medications. Thus this approach is not sustainable.

As an advancement in information and communication technology, computerized prescribing (ePrescribing) systems or CPOE systems have been developed. These systems allow physicians to prescribe medications and provide information regarding patient demographics, diagnosis, past illnesses and treatment history at the point of care. The systems are usually integrated with other department systems, such as laboratory information systems, pharmacy information systems, and hospital information management systems, to provide relevant checking and timely feedback to consequently prevent prescription errors and reduce inappropriate drug use [18–23]. However, most CPOE systems are designed for use in a single hospital or one managed care organization setting and cannot perform checks on duplicate medications or drug interactions beyond the hospital boundaries, thus patient

Table 4 – Chi-square tests.

<table>
<thead>
<tr>
<th>Value</th>
<th>df</th>
<th>Asymp. sig. (2-sided)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pearson Chi-square</td>
<td>185.964*</td>
<td>6</td>
</tr>
<tr>
<td>No. of valid cases</td>
<td>376</td>
<td></td>
</tr>
</tbody>
</table>

* 0 cells (.0%) have expected count less than 5. The minimum expected count is 9.25.

Table 5 – Z-tests with Bonferroni adjustments for multiple comparisons of action categories.

<table>
<thead>
<tr>
<th>Options</th>
<th>Months</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>April (A)</td>
</tr>
<tr>
<td>Ignored (not taken)</td>
<td>–</td>
</tr>
<tr>
<td>Ignored but needed</td>
<td>A</td>
</tr>
<tr>
<td>Revised</td>
<td>A, B</td>
</tr>
<tr>
<td>Overridden</td>
<td>B</td>
</tr>
</tbody>
</table>

Results are based on two-sided tests with significance level 0.05. For each significant pair, the key of the category with the smaller column proportion appears under the category with the larger column proportion.
medication histories and health information cannot be shared across hospital boundaries.

Our approach enhances the capability of CPOE systems using NHI-IC cards as a nationwide infrastructure to share patient health information and medication histories among hospitals. In this way, our system can access a more complete patient medication history through the NHI-IC cards and can help physicians detect potential duplicate medications for frequent doctor-shopping patients. Our approach provides a better prescribing tool and hence enhances patient safety across hospital boundaries.

Because our approach only focused on detection of duplicate medications involving multiple hospitals, we did not include duplicate medications that might occur within a hospital setting, which are usually caught by a CPOE system. Thus, it is not surprising that the rate of potential duplicate medications in our approach was 2.36%, lower than that found in other studies [4,12].

Our approach to detecting duplicate medications very much depends on the completeness of NHI-IC cards, which in turn primarily depends on physician use of the cards when prescribing. As indicated in Ref. [27], most hospitals in Taiwan are characterized by a large volume of medical services. Inclusion of NHI-IC cards into the medical services increases service time, and BNHI allows patients to receive medical services without their NHI-IC cards in some cases such as patient forgetting to bring NHI-IC cards or in cases of power outage. In other words, physicians do not always use NHI-IC cards when prescribing. In fact, based on our study, physicians read patient NHI-IC cards in only 67.93% of patient visits (Table 1). The completeness of NHI-IC cards also depends on the medications covered by the NHI program. Based on the NHI reimbursement policy, only the medications covered by the insurance program must be written into NHI-IC cards. Self-paid medicines are not recorded on NHI-IC cards. Currently, very few medications (<5%) are not covered by the NHI program. The impact on the completeness of NHI-IC cards caused by this problem is much less important compared to physician use of NHI-IC cards.

Although about one third of the physicians did not use the enhanced CPOE system for their routine outpatient service, the system has shown its capability in detecting potential duplicate medications across hospitals. Currently, the system has been expanded to all departments of the hospital for outpatient service. In order to meet each physician’s model of service, the system was customized to allow a physician to turn on or off the function at the first time use.

6. Conclusions

Our approach enhances the capability of CPOE systems using the NHI-IC cards as a nationwide infrastructure to share patient health information and medication histories among hospitals in Taiwan so that the systems can detect potential duplicate medications for frequent doctor-shopping patients. Thus, our approach provides a better prescribing tool to enhance patient safety across hospital boundaries. However, the effectiveness of detecting duplicate medications in our approach is very much dependent on the completeness of NHI-IC cards, which in turn primarily depends on physician use of the cards when prescribing. It is expected that a positive incentive and education plan that encourages physicians to use NHI-IC cards will improve the completeness of patient NHI-IC cards. Although we did not provide the online check for adverse drug reactions [32,33], which are also potential risks for frequent doctor-shopping patients, our system can be easily extended to serve that function by including relevant rules and knowledge bases because the NHI-IC cards and the infrastructure are already available in Taiwan.

Author contributions

Min-Huei Hsu contributed to design of clinical workflows, system development, data collection, and manuscript writing. Yu-Ting Yeh contributed to data analysis and interpretation, and assisted in manuscript preparation. Chien-Yuan Chen contributed to literature review, carried out programming, and
assisted in data collection and analysis. Chien-Hsiang Liu contributed to NHI code analysis and mapping, and coordination of research activities. Chien-Tai Liu contributed to obtaining funding for the study, design of research methods, oversight of the study, and critical revision and final approval of the manuscript.

Competing interests

The authors report no conflict of interest.

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